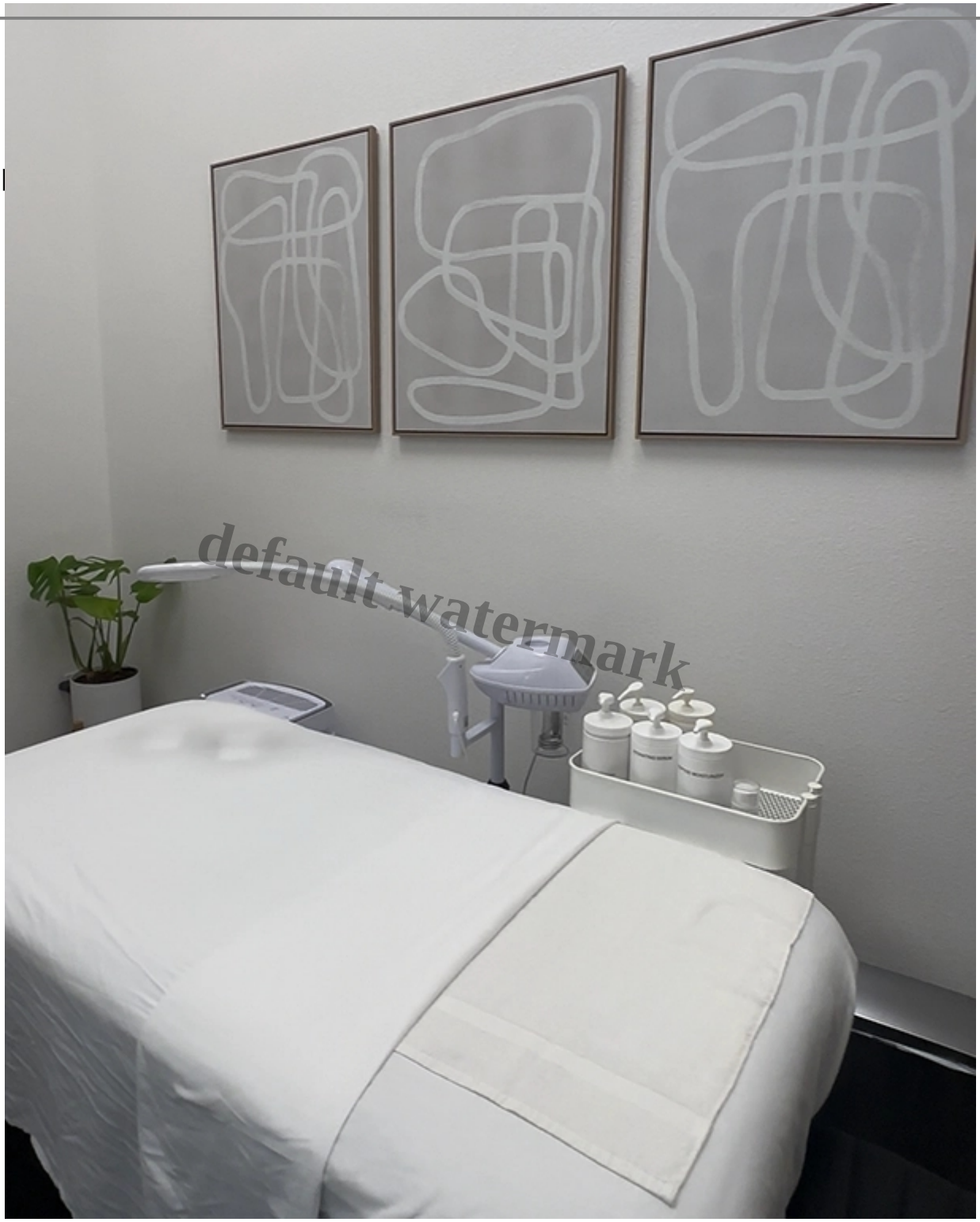
About

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ABOUT

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Founded by a licensed acupuncturist and herbalist with a Masters of Science in Traditional Chinese Medicine, Rose and Remedy integrates modalities including acupuncture, microneedling, and aromatherapy into highly individualized treatments. Each offering is designed to support both physiological function and visible transformationâ??addressing internal imbalances while improving the integrity, tone, and resilience of the body and skin.

At the core of the practice is a belief that beauty is not separate from health, but an expression of balance within the body. Treatments are informed by clinical diagnostics and guided by an understanding of cyclical rhythmsâ??hormonal, environmental, and emotionalâ??that shape how the body heals and how the skin presents. This perspective translates into an approach that prioritizes nuance over excess: working with the body rather than against it, and enhancing what is already present rather than imposing change.

Microneedling services are performed with a focus on collagen induction, skin regeneration, and long-term structural improvement. Acupuncture treatments address a range of internal conditions while supporting systemic balance and nervous system regulation. Aromatherapy is incorporated as both a therapeutic and sensory modality, utilizing plant medicine to deepen the bodyâ??s capacity to restore.

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The result is a space where clinical care and aesthetic refinement coexistâ??where treatments are both corrective and restorative, and where beauty emerges as a byproduct of alignment.

Shop Now

Organic Herbal Blends

Our Chinese herbs are selected for everyday support and blended with care, so you can shop confidently. Our blends use certified-organic ingredients, with clear notes when a rare herb isnâ??t available organic.

Medicinal-Grade Aromatherapy

We use concentrated essential oils chosen for purity and performance, not filler fragrance. Each blend is designed to feel balanced on the skin and in the air, with a clean, grounded scent.

Locally Sourced Bone Broth

We use locally sourced bones and simmer slowly for a rich, satisfying broth. Itâ??s an easy add-on for soups, grains, or a warm mug when you want simple nourishment.

Skincare That Feels Good

You shouldnâ??t need a complicated routine to see results. Our handcrafted skincare is made to layer easily, absorb well, and leave your skin comfortable, so your daily routine feels calm, not like work.

Fresh Products

We keep our batches small to stay consistent and fresh. That means youâ??re getting freshly made products, plus easier updates when seasonal herbs and ingredients are at their best.

Natural Organic Ingredients

We choose ingredients with care, from plant oils to salts and botanicals, so you feel good about what youâ??re using. We prioritize ethical sourcing and practical sustainability, without inflating prices or overpromising.

Beautiful Product

Need a simple way to stock your everyday wellness products? Our online shop makes it easy to choose skincare, bath salts, and aromatherapy by goal. Check out fast and get support from licensed experts.

Shop Now

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