Chinese Herbal Serums for Skin

Description

Book Appointment

Chinese Herbal Serums for Skin in Oakland, CA

We donâ??t apply serums as an afterthought. We select them with intention â?? matching each personâ??s skin goals to the active that will speak most directly to what their skin needs.

At Rose and Remedy we use high grade hyaluronic acid infused with Apple Stem Cell, Fu Ling (a chinese mushroom for collagen), and other Chinese herbal serums for a natural and scientifically backed approach to skin care and post facial care after nano or microneedling.

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Hyaluronic Acid with *Apple Stem Cell* is our base product which provides deep, immediate hydration while supporting cellular regeneration. Hyaluronic acid draws moisture into the newly opened channels, while apple stem cell extract helps protect and stimulate the skinâ??s own renewal process.

Apple stem cell (Malus Domestica fruit cell culture extract) is one of the most research-backed botanical actives in modern skincare â?? and its properties make it a particularly compelling choice for needling protocols.

Call Now



How To Use Herbal Facial Serum Without Overthinking

Start with clean, slightly damp skin, then add a few drops and gently rub them on your skin. This keeps the feel soft, not sticky, and it can reduce that â??too much productâ?• feeling. If your face reacts

easily, we can recommend our **herbal facial serum for sensitive skin** that is built for comfort. Patch testing first can help you feel safer, too.

To keep things simple, try this order most days:

- Cleanser, then pat dry
- Serum, then wait one minute
- Moisturizer and SPF in the morning

After a week, most people notice their skin feels less tight. Also, the routine becomes easier because you are not switching products all the time. If you want, we can suggest a small reset plan that feels realistic for busy weeks.

If you are purchasing online, we pack with care, so you can **order natural herbal skin serum in Oakland, CA,** and feel confident when it arrives and is ready to use. We include clear use notes, so you are not left guessing.

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What We Use and How it Works
Apple stem cell
Malus Domestica fruit cell culture extract

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Epigenetic skin renewal

Apple stem cells work at the level of gene expression â?? they contain epigenetic factors that signal aging skin stem cells to behave more like younger ones. Where microneedling initiates the skinâ??s own repair and regeneration cascade, apple stem cell extract amplifies that signal. The two work in the same biological language: both are fundamentally about activating the skinâ??s latent capacity to renew itself.

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Fu ling Poria cocos Â· poria mushroom

***Fu Ling* (Poria cocos)** is a prized medicinal mushroom used in Chinese herbal medicine for centuries. Rich in bioactive polysaccharides, itâ??s known for its ability to support collagen synthesis, calm inflammation, brighten uneven tone, and strengthen the skinâ??s barrier â?? making it a cornerstone of this treatment.

Fu ling (è?¯è??), poria mushroom, is a beautifully suited partner for needling protocols â?? hereâ??s why:

Brightening without irritation

Fu ling has a long history in TCM skincare as a brightening agent. Its active compounds inhibit tyrosinase â?? the enzyme responsible for melanin synthesis â?? making it effective for hyperpigmentation and post-inflammatory marks. Crucially, it achieves this without the sensitizing potential of citrus actives, making it ideal for post-needling skin that is temporarily more reactive. Paired with chen pi, the two brighten through different mechanisms and different levels of skin depth.

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Hydration that travels

Nanoneedlingâ??s primary strength is transdermal delivery of actives that normally sit on the skinâ??s surface. Fu lingâ??s beta-glucans, which under normal topical application are too large to penetrate deeply, are pressed into the stratum corneum via nano-tip channels â?? where they deliver hydration and barrier support at a level not achievable through ordinary application.

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Chen pi Aged tangerine peel

Chen pi (é??ç?®), dried aged tangerine peel, has been used in TCM for centuries, and its topical application for mature skin.

- Brightening & evening skin tone â?? Rich in vitamin C and flavonoids (especially hesperidin and nobiletin), chen pi helps inhibit melanin production, which can fade dark spots and give skin a more luminous appearance.
- Antioxidant protection â?? The high concentration of polymethoxylated flavonoids neutralizes free radicals, helping protect against environmental aging and UV-induced damage.
- Anti-inflammatory â?? Nobiletin in particular has notable anti-inflammatory properties, making it useful for calming redness, irritation, and conditions like acne or rosacea.
- Antimicrobial / acne-fighting â?? Chen pi has demonstrated antimicrobial activity against common acne-causing bacteria, making it a gentle option for breakout-prone skin.
- Collagen support â?? The vitamin C content supports collagen synthesis, which contributes to skin firmness and resilience over time.

- Pore-tightening / astringent effect â?? Like many citrus-derived ingredients, it has mild astringent properties that can temporarily tighten pores and reduce excess oil.

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Why Choose Us Microneedling Support

Combine herbal serums with a microneedling treatment that works on multiple levels: physically opening the skin to receive nourishment, and then delivering botanicals with deep, time-tested efficacy.

Comfort First

If your face gets itchy or red after new products, we take that seriously. We suggest gentle choices and simple steps, so your routine feels safe, and your skin stays calm, even during busy weeks.

Usage Guidance

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If you are unsure how much to apply, we make it clear. We share easy directions and pairing tips, so you use less product, avoid overload, and get steady results without extra steps.

Frequently asked questions

What are Chinese herbal serums for skin?

They are targeted herbal blends we offer to support skin comfort, moisture, and a smoother daily look.

Can herbal face serums reduce aging signs?

With steady use, our serums can support smoother-looking skin; we also guide you on simple routines.

How to use Chinese herbal anti-aging serum?

Use two to three drops after cleansing, press in gently, then moisturize. Follow our product directions for the best results.

Where to buy Chinese herbal serums in Oakland, CA?

You can shop Rose and Remedy online or in-store, and our Chinese herbal serums for skin are easy to reorder.

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