

Microneedling Facial

Description

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Microneedling Facial in Oakland, CA

Daily stress, sun exposure, and screen-heavy routines can leave skin looking creased, looser, and less even from one angle to the next. Some people also deal with pores that look stretched, plus shine that return quickly, making the face look uneven by mid-day.

Our microneedling approach is structured and results-driven, with treatment steps that protect comfort while supporting a smoother look. When **microneedling in Oakland, CA**, appears in the middle of your plan, we focus on areas that need stronger support, like expression lines, pore-heavy zones, and spots that have started to look less firm. We prep the skin carefully, then support it with herbal-infused hydration and growth-supporting ingredients selected for recovery and glow.

Key benefits clients come in for include:

- A tighter-looking surface over time
- Softer fine lines around the mouth and eyes
- Pores that look more refined in bright lighting
- Skin that feels fuller, not thin and flat

Your **microneedling treatment in Oakland, CA**, is guided by a licensed practitioner and grounded in earth-friendly values, including ethically sourced ingredients and cruelty-free choices. For many, **microneedling services in Oakland, CA**, become the steady option when they want a change that keeps improving, session after session, without chasing new trends every month.

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What sets our Microneedling apart

At Rose & Remedy, what sets our microneedling treatments apart is the quality and intention behind every product we use. Rather than relying on harsh synthetic ingredients or standard medical-grade serums, we pair high-grade hyaluronic acid with apple stem cells and carefully selected Chinese herbal serums chosen to deeply nourish, calm, and support the skin. Our treatments are designed not only to stimulate collagen, but to replenish the skin with ingredients that encourage lasting radiance, hydration, and resilience. We believe the skin responds best when advanced skincare technology is paired with ingredients rooted in both nature and healing traditions.

Microneedling can increase product absorption by up to 3,000%, which is why the quality of what is being infused into the skin matters so deeply. At Rose & Remedy, we view microneedling as more than a mechanical treatment â?? it is an opportunity to deliver restorative, nutrient-rich ingredients directly into the skin when it is most receptive. By combining advanced microneedling techniques with luxurious herbal formulations, we create treatments that support glow, texture, hydration, and overall skin vitality during and after the session.

Whether you choose to use numbing cream or not, microneedling is generally a very gentle and tolerable process, especially at Rose & Remedy. Our philosophy is that the skin does not need excessive trauma or irritation in order to rebuild collagen and achieve beautiful results. We work intentionally and conservatively, creating enough stimulation to encourage renewal while still protecting the integrity of the skin barrier. The result is skin that looks refreshed, luminous, and healthy â?? never overly inflamed or aggressively treated.

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Before Microneedling (7-10 days prior)

Avoid

- Retinoids (like tretinoin)
- Exfoliating acids (AHA/BHA like glycolic acid, salicylic acid)
- Harsh scrubs or peels
- Waxing or laser treatments

Do's

- Stick to a gentle cleanser + simple moisturizer

- Hydrate well
- Use SPF daily (important so you're not going in sun-inflamed)

Day of Treatment

Before:

- Clean, makeup-free skin
- No lotions, serums, or sunscreen right before (unless your provider says otherwise)

After Microneedling (First 24-72 hours)

Your skin is basically in an "open channel" mode, so less is more.

Expect

- Redness (like a sunburn)
- Mild swelling or sensitivity
- Tight, dry feeling

Do's

- Use Rose and Remedy's hyaluronic acid with Apple Stem Cells
- Gentle cleanser only (or just rinse first 24 hrs if very sensitive)
- Apply a bland moisturizer (no actives)
- Stay hydrated
- Sleep on a clean pillowcase

Avoid

- Makeup for at least 24 hours
- Sweating (no workouts/sauna)
- Sun exposure (this is a big one)
- Actives (retinol, acids, vitamin C)
- Touching or picking

Days 3-5

Skin usually starts to feel normal again.

You can

- Slowly reintroduce gentle products
- Resume makeup if no irritation
- Keep focusing on hydration

Still avoid

- Strong exfoliation
- Direct sun without protection

After 5-7 Days

You can

- You can go back to your normal routine
- Reintroduce actives gradually (don't jump in all at once)

Quick Do This, Not That

- Hydrate + protect
- Keep products simple
- Don't optimize with a bunch of serums right after
- Don't treat it like a regular skincare day

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Why Choose Us

Free Consultation

We start with a clear skin review, then explain the next steps and aftercare so **microneedling in Oakland, CA** feels straightforward, safe, and aligned with your goals.

Customized Solution

Your session is planned around your texture, tone, and sensitivity, then supported with herbal-infused hyaluronic acid and apple stem cell serum for comfortable recovery and a healthy-looking finish.

Committed to Satisfaction

We focus on consistent technique, clean standards, and honest expectations, so you leave feeling cared for, informed, and confident about the results you are building over time.

related product

Frequently asked questions

What is a microneedling facial, and how does it work?

A microneedling facial is a treatment that uses tiny, sterile needles to create controlled micro-channels in the skin to improve texture, tone, and the look of fine lines over time. It works by triggering the skin's natural renewal response, and those micro-channels also help serums absorb better during the session.

Can microneedling improve acne scars and fine lines?

Most people do a series spaced about 4 to 6 weeks apart, then maintenance as needed. The right timing depends on your skin goals and how your skin responds.

How often should I get a microneedling treatment?

Most people do a series spaced about 4 to 6 weeks apart, then maintenance as needed. The right timing depends on your skin goals and how your skin responds.

Who offers professional microneedling facial in Oakland, CA?

At Rose and Remedy, we offer **microneedling facial in Oakland, CA**, with practitioner-led care and skin-supporting serums to keep results natural-looking and recovery comfortable.

Where can I find the best microneedling services in Oakland?

You can book with Rose and Remedy for microneedling services, focused on texture, tone, and visible refinement, with clear aftercare guidance and a plan that fits your skin.

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