

Almond, Clove, Black Pepper, Xiang Fu and Du Huo

Description

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Aromatherapy sprays are not meant to be directly applied onto the skin. This spray can be used in the shower as a delightful steam, used as a room spray, a light perfume, or on linens. Some people even like to carry it in their bag to spray during the day for a quick pick-me-up.

This fully balanced sweet and spicy scent is an experience to be had. Clove and Black Pepper stimulate the senses, including aiding in the stomachâ??s ability to digest. Herbs that aid in digestion also aid in the brainâ??s ability to digest information. Xiang Fu is used to move blocked â??qiâ?• (energy) in the body to promote healthier ways of moving through the world. DuHuo aids in building self reliance, strengthening the will and overcoming fears. All around, this is a favorite of ours at Rose and Remedy.

Shake well. Spray in air, during a shower, or on clothes and linens up to 3 times a day. For best results use 4 days on, 3 days off, each week.

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Author
roseandremedy