

Dead Sea Salt with Valerian Root

Description

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Dead Sea Salt has wonderful antifungal, antimicrobial, and antibacterial properties that help cleanse and detoxify the pores by driving out oils, dirt and other impurities. Dead sea salt also has pain relieving qualities on muscles making it a great way to soak.

Valerian essential oil exudes a sharp, musky, tranquil aroma that helps create a restful environment conducive to sleep and pain relief.

Many people, from athletes to those in physically demanding jobs, use Dead Sea salt to relax their muscles and relieve pain. Dead Sea salt pulls this off by containing lots of sodium and bromide, known anti-inflammatories. These minerals help put muscles at ease and loosen up the body, offering you relaxation and pain relief.

Directions: Pour into hot bath, mix with hands while taking deep breaths of this medicinal aroma. Get in bath after testing on your skin and sink into a heavenly space of relaxation.

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